

ZAMA
COMMUNITY

BUGLE



The best activities guide around!

OCTOBER 2004



Zama Open Golf Tournament – 16th & 17th

Newcomer's Orientation – 19th

Halloween Family Feast at CZCC – 27th

Mt. Myogi Hike and Hot Spring – 30th

Your What-To-Do Guide for Japan's Army Community • Sagami Depot • Kure • SHA • Torii Station • Camp Zama

The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

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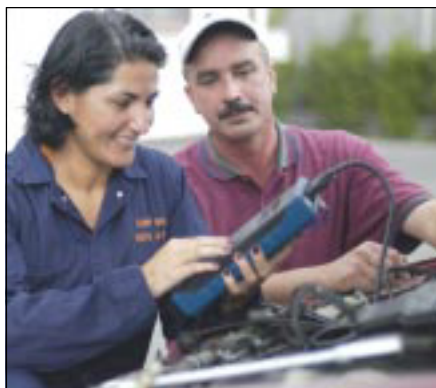


DMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER



Address:
The U.S. Army Garrison, Japan
Unit 45006
Attn: APAJ-GH-CA-CSM
APO AP 96343-5006
Official Business

Location: Camp Zama, Bldg.102 B100 (Northeast Corner)
October Bugle Editor: Hideko McKeta

CALENDAR OF EVENTS

OCTOBER 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UPCOMING EVENTS: <ul style="list-style-type: none"> • Military Family Month - 1 - 30 Nov • Seafood Buffet - 5 Nov • Gourmet Night - 13 Nov • Newcomer's Orientation - 16 Nov • Great American Smokeout 5K Run - 19 Nov • Turkey Shoot (Golf) - 20 Nov • Thanksgiving Buffet - 25 Nov • Bazaar - 26, 27 and 28 Nov 					1 <ul style="list-style-type: none"> • In-Line Hockey Registration YS • Seafood Feast CZCC • Payday Scramble CZGC 	2 <ul style="list-style-type: none"> • Deployment Readiness Support Group Meeting ACS • Nikko Excursion Tour • Mt. Hasuge Hike and BBQ Tour
3 <ul style="list-style-type: none"> • King of the Hill Bowling • Fujikyu Highland Tour • Katsunuma Grape Festival Tour 	4 <ul style="list-style-type: none"> • Army Family Team Building Program (Level II) ACS 	5 <ul style="list-style-type: none"> • PWOC Monthly Fellowship Zama Chapel 	6 <ul style="list-style-type: none"> • Mongolian BBQ CZCC 	7 <ul style="list-style-type: none"> • Anger Management Workshop ACS 	8 <ul style="list-style-type: none"> • Trojans vs Kinnick Red Devils Atsugi 	9 <ul style="list-style-type: none"> • Paintball Game at Yokosuka YS • Hida Takayama Autumn Festival Tour
10 <ul style="list-style-type: none"> • New Sanno Brunch and Free Time Tour • Variety Music w/DJ Firelite Lounge 	11 <ul style="list-style-type: none"> • Free Time at Tama Hills Tour 	12 <ul style="list-style-type: none"> • Single Parent and Dual Military Support Group Workshop ACS 	13 <ul style="list-style-type: none"> • BOSS Day Luncheon CZCC • DoD Show "ESCOVEDO PROJECT" Firelite Lounge • Mongolian BBQ CZCC 	14 <ul style="list-style-type: none"> • Sponsorship Training ACS • Pre-Deployment Training ACS • Stress Reduction Workshop ACS 	15 <ul style="list-style-type: none"> • Trojans vs Yokota Panthers Zama High School • Volleyball Registration (girls) YS • Marriage Renewal Ceremony Chapel • BBQ Style Steak Night Hob Nob Inn 	16 <ul style="list-style-type: none"> • Zama Open Golf Tournament CZGC • Tsukiji Fish Market Tour • Racquetball Tournament Sports • 5K Breast Cancer Awareness Walk Dewey Park
17 <ul style="list-style-type: none"> • No Tap 3-6-9 Bowling • Enoshima Autumn Festival Tour • Zama Open Golf Tournament CZGC 	18	19 <ul style="list-style-type: none"> • Newcomer's Orientation CCC 	20 <ul style="list-style-type: none"> • Medical Morning and Community Tour ACS • Nichibei Friendship Golf Outing CZGC • Mongolian BBQ CZCC 	21 <ul style="list-style-type: none"> • Assertiveness Training ACS • Train Class Part I ACS • English Teachers Network ACS 	22 <ul style="list-style-type: none"> • Shopping on the Economy ACS • Community Night CZCC • "October Feast" Hob Nob Inn 	23 <ul style="list-style-type: none"> • Movie Marathon YS • Newcomer's Train Class Part II ACS • Country Band w/DJ Firelite Lounge • Family Variety Night Sagami Lounge
24 <ul style="list-style-type: none"> • Yokota Shopping Tour • Fuji Safari Park Tour • Abratsubo Maring Park Tour • "Halloween Scream Feast" Firelite Lounge 	25 <ul style="list-style-type: none"> • Army Family Team Building Program (Level III) ACS 	26 <ul style="list-style-type: none"> • Baby Love Seminar ACS • Couples Communication Workshop ACS 	27 <ul style="list-style-type: none"> • Mongolian BBQ CZCC 	28 <ul style="list-style-type: none"> • Embracing the Person in the Minor Workshop ACS 	29 <ul style="list-style-type: none"> • "Halloween Party" Hob Nob Inn • Payday Scramble CZGC • Trojans vs Edgren Eagles Zama High School 	30 <ul style="list-style-type: none"> • Halloween Extreme Bowling Party • Middle School Homecoming Dance YS • Hakone Excursion Tour • Doubles Tennis Tournament Sports • Mt. Myogi Hike and Hot Spring Tour
31						



ZAMA OPEN

16 - 17 October (Sat - Sun)

Tee Times: 6:30 am

(check-in 30 minutes prior).



Zama, Atsugi and Tama Hills Club Members \$35

DoD Non-members \$60

JGSDF (Stationed at Zama) ¥11,000

MLC/IHA/HPT (working for USARJ) ¥15,000

All others ¥23,000

(includes carts, door prizes and buffet luncheon on Sunday)

- Individual 36 holes stroke play - Flighted Event
- Deadline for sign up is Tuesday, 12 October, 5 pm. Field is limited to 120 players.

Contact Dale Jorgenson, Director of Golf, at 263-4224 or e-mail dale.jorgenson@zama.army.mil

S

aturday, 23 October, "Red Ribbon Week" begins with a movie marathon at the SHA Theater. Movies will start at midnight and continue until 6 am. Pick up a permission slip at the Zama Youth Center. Buses will be available from Zama, Depot and Atsugi (11:30 pm). It's open to all youth in grades 6 to 12, and the cost is FREE.

CHECK OUT
THE
COMPUTERS IN
THE YOUTH
TECHNOLOGY
LAB.

Come out and support your Zama Trojans Football Team

DATE	VS	STARTING TIME
• Friday, 8 October	Kinnick Red Devils at Atsugi	1200
• Friday, 15 October	Yokota Panthers at Zama High School	1700
• Friday, 29 October	Edgren Eagles at Zama High School	1600

The Zama Youth Center will host it's 4th Annual Tail Gate Party at the Zama Youth Center

For more information, call 263-4500.

YOUTH SPORTS

• In-Line Hockey Registration

Friday, 1 October, Youth Sports in-line hockey registration begins at Central Registration, Bldg #533, and ends 28 October. Youth must have their own skates and stick. Open to all SOFA sponsored youth ages 7 - 15. The season will be from 27 November to 10 January 05.

• Volleyball Registration

Friday, 15 October, Youth Sports volleyball (girls) registration begins at Central Registration Bldg #533, and ends 15 November. All SOFA sponsored girls ages 9 - 15 are eligible. Play will be conducted from 4 December to 15 January 05.

YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

• Keystone Club

Keystone Club is a high school leadership group which creates and

maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens opportunities to: develop and use leadership skills, contribute to the community through service and volunteerism, foster understanding and respect between groups and individuals, learn life skills and information for living a responsible, fulfilled life, understand and participate in the free enterprise system through fund raising activities, enjoy fellowship, and develop self confidence. The Keystone Club meets on Wednesdays at the Camp Zama Youth Center.

• Torch Club

The Torch Club is a MS leadership group designed to assist girls and boys in becoming productive citizens. The Torch Club consists of an adult advisor and 6 - 15 boys and



Middle School Homecoming Dance

Saturday, 30 October
7 - 10 pm
Zama Youth Center

Transportation will be provided from SHA, Depot and Atsugi (6:15 pm).

For more information, please call 263-4500.



PAINTBALL

Saturday, 9 October
1200 - 1700
Yokosuka Naval Base

Yokosuka Naval Base has just opened an indoor paintball facility. We need 20 youth to test it and have some fun doing it.

Only \$10
for Youth Center Members

For more information, phone 263-4500

girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The MS Torch Club meets

Mondays at the CZ Youth Center.

• DJ Club

The Camp Zama DJ Club is a high school leadership club that promotes music as a fine art. The DJ Club learns and discusses the different types of music available for youth today. The club also practices and masters the youth center's state of the

art DJ equipment to prepare for all MS and high school dances. The high school DJ Club members are required to mentor MS youth who are interested in becoming a junior DJ. The DJ Club meets the 2nd and 4th Monday of the month at the CZ Youth Center. The adult advisor is Mr. Robert Chance.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily mass. Blessed Sacrament Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Sundays, 11 am, CCD, Religious Education Center

1st Sunday, 5 pm, Parish Potluck, Religious Education Center

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

Childcare is provided for children up to age 3 from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 5:30 pm, Youth Group, Chapel Annex

A nursery is provided for children up to age 3 at Zama CDS, Bldg 502, during the time of Sunday services only.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamiara Chapel

Sundays, 10:30 am, Worship Service, Sagamiara Chapel

Wednesdays, 7 pm, Bible Study, Sagamiara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 6 pm, Worship service,

SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturday, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesday, 6:30 pm, Prayer Meeting Service

Friday, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

ECKANKAR

Monthly book discussion, Religious Education Center (Rm 112). Contact Sue at 267-6227 for meeting dates and times.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays, 7 pm, discussion and meditation, Sagamiara Chapel. Contact Mr. Fulford at 046-257-0613.

ON GOING BIBLE STUDIES

Wednesdays, 6 - 8 pm, Protestant

Women of the Chapel (PWOC) Bible Study, Zama Chapel, Barbara Salinero, 263-7588

Thursdays, 9:30 am, Korean Women's Bible Study, joining PWOC, Religious Education Center, Mrs. Turner, 263-7743.

CHAPEL ACTIVITIES IN OCTOBER

Tuesday, 5 October, 6 - 8 pm, PWOC Monthly Fellowship, Fellowship Room, Zama Chapel, dinner provided.

The Zama Chapel has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16

Tuesday Night Youth Service, 7 pm at the SHA Chapel

Theme: Making a Difference in Our Communities and Our Nation

HISPANIC HERITAGE MONTH OBSERVANCE

15 October, 3:30 - 4:30 pm

Community Cultural Center

POC's are SSG Claxton at 263-4212 or SFC Chatman at 263-8630

F

acility reservations.

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.



Army Soldiers who are interested in the BRAVO Touring Company may come to the CCC to pickup their package. All packages must be completed in a timely manner. The deadline to submit completed packages is 15 October. For more information, please contact Mr. Pitts at 263-8892.

■ Community Cultural Center

• 263-3939

CLASSES

The Community Cultural Center offers the following instructional classes:

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii, Ms. Sako, and Ms. Amano. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

• Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

• Jazz Dance Lessons

Jazz dance lessons are offered each Wednesday and are instructed by Ms. Chilson. The cost is \$36 per month for children 4 - 6 years of age, and \$40 per month for those seven and above.

COSTUME RENTALS

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs. Rent yours today! There are limited quantities on certain costumes so contact us early for the best selections at 263-3939.

CCC NEEDS INSTRUCTORS

The Community Cultural Center is seeking instructors to teach Taiko Drum, Ballet, Violin, Cooking (Japanese gourmet cooking instructor) and Jazz dance. Interested persons should contact the Community Cultural Center or call 263-3939 for more information.

■ Zama Bowling Center • 263-4780

EXTREME BOWLING

Every Saturday Night
7 - 10 pm

"Unlimited bowling and shoe rental" children under 10 free
children 10 - 17 years old: \$1.50
Adults: \$3.50

FREE BOWLING

Wednesdays, 3 - 9:30 pm. Bring the family.

Buy our lunch special at the Zama Bowling Center and bowl free (same day) from 11:30 am - 1 pm (just give the lunch receipt to front desk staff).

KING OF THE HILL.

Sunday, 3 October, 11:30 am. For just \$50, enjoy a whole day of bowling with some of the best bowlers in the Kanto Plain. Double elimination until we reach the "King of The Day".

TOURNAMENT

• No Tap 3-6-9

Sunday, 17 October, 11:30 am. This is a handicap tournament for men and women. The cost is \$15 for a mini-

mum of four games. Winners continue to bowl until there is a champion. Double elimination games start at 11:30 am. There is room for only the first 32 bowlers who sign up.

HALLOWEEN COSTUME CONTEST

Extreme Bowling Party

**Saturday, 30 October
7 - 10 pm**

Unlimited Bowling & Shoe Rental

Children:
Under 10 years old: **FREE**
10 - 17 years old: **\$1.50**
Adults: **\$3.50**

Sponsorship

Training.

Learn how to be an effective sponsor.

Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-8089/4853/4353.

ACS... "The Choice" for all your service needs. For information and assistance, please call 263-HELP (4357).

RELOCATION READINESS / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

• Medical Morning and Community Tour

Healthcare professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 20 October in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All spouses new to the area are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• Newcomer's Train Class Parts I and II

Part I will be held on Thursday, 21 October, 6 - 8 pm, in the ACS Com-

munity Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 23 October, at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• English Teachers Network

This month's English Teachers Network will meet on 21 October, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching. For additional information, contact Ms. Crowell at 263-8089.

• Shopping on the Economy

Community members wishing to attend the "Shopping on the Economy" class should mark their calendars for Friday, 22 October. This class will depart Gate 4 at 9:45 am and will return approximately at noon. There are many great bargains right outside the gate. Let our Japanese experts show you how to shop at the department stores, where to find the best fruits and vegetables, and more. Call 263-8327 to sign-up. Bring ¥400 for transportation and some for extra purchases. Children are welcome, but free childcare is also available provided you call CDS one week in advance at 263-4743.

• Japanese Language Class

Would you like to learn to speak Japanese? A basic conversational Japanese language class is now being offered at ACS! This free class is held every Wednesday from 10 am - noon in the ACS Outreach Room, Bldg 402. For more information, call 263-8089, or to sign up for the class call 263-8327.

• **Knitting Class** will meet every Tuesday of the month from 9:30 -

Command Right Start Program Installation Newcomer's Orientation

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 19 October, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary, Private Organizations and others. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance at 263-4743.

Thanks to our sponsor, KDDI, for supporting the ACS Newcomer's Orientation

• FOR INTERNATIONAL CALLS:

99 + 001 + Country Code + Area Code + Phone No

• FOR DOMESTIC CALLS:

99 + 001 + Area + Phone



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11:30 am in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our Japanese volunteer show you how. For more information, contact the Relocation Office at 263-8089.

• **Evening Japanese Language Class**
Army Community Service offers an evening Japanese language class. This free class is held every Tuesday from 5 - 7 pm in the ACS Community Room, Bldg. 402. The class is limited to 20 participants. For more information, and to sign up for the class, phone 263-8327.

• **Pre-deployment Training**
ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the Outreach Room. This training is available to all deploying military members and their families. The briefing discusses ways to prepare financially, physically, and emotionally for family separations. Unit training is also available by calling 263-8089/4572.

• **Deployment Readiness Support Group**

If your spouse is deployed, then Army Community Service is looking for you!!!

Beginning Thursday, 2 October, from 5:30 - 6:30 pm, ACS will conduct a support group for family members of deployed Soldiers. The support group will be held in the ACS Community Room, Bldg. 402. For more information, contact 263-8089/4572.

AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783

Are you interested in serving the community? Do you have any suggestions that might improve the quality of life for the community? If you answered yes to either of these, then AFAP (Army Family Action Plan) is for you! We are looking for volunteers to serve as delegates, facilitators, and recorders for the 2005 AFAP Symposium to be held next spring. For more information, please contact the Family Programs Manager at 263-4783.

The Camp Zama Army Family Team Building Program will be offering Level II and III leading up to Instructor Training this month. Level II is scheduled for 4 - 7 October and Level III 25 - 27 October. For more information or to register, please contact the Family Programs Manager at 263-4783 or e-mail: donna.wilson@zama.army.mil.

NEW PARENT SUPPORT PROGRAM (NPSP), 263-3638

NPSP offers "Home Visitation" to new and expecting parents as well as breastfeeding support.

• **Play Morning** is an interactive play group for parents and children birth to 6 years and is offered every Tuesday at Zama Chapel, 9:30 - 11:30 am and every Friday at SHA CDC from 9:30 - 11:30 am.

• **Baby Love Seminar** is offered every 4th Tuesday in conjunction with Play Morning. This casual session is facilitated by a subject matter expert providing a wealth of information on a variety of topics relating to children from birth to 6 years of age.

FAMILY MALTREATMENT PREVENTION

FAP provides services that are designed to prevent spouse and child abuse. The prevention of family vio-

lence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement, etc., call 263-4782/8087.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call Ms. Zamora-Cruz, FAP Manager, at 263-4782.

EXCEPTIONAL FAMILY MEMBER PROGRAM

Enrollment in this program is mandatory for family members PCSing overseas with medical or educational concerns that require special attention. If you are currently enrolled in EFMP, keep in mind that your file must be reviewed if your condition changes or every 3 years, which ever comes first. If you are new to Camp Zama and are the sponsor of an Exceptional Family Member, please contact the EFMP Coordinator at 263-4782/263-8087.

FAP Classes offered in October are:

October is Domestic Violence Awareness Month. This year's theme is "It Takes a Community to Prevent Domestic Violence." In support of Domestic Violence Awareness, the Family Advocacy Program will kick off the Purple Ribbon Campaign on 1 October, 11:30 am - 1 pm, at the Camp Zama PX, and 2 - 3 pm at the SHA Commissary. There will also be a series of workshops offered through FAP.

The workshop schedule is as follows:

Personal Wellness Series: Anger Management	07 October	1400 - 1530
Single Parent & Dual Military Support Group	12 October	1330 - 1500
Personal Wellness Series: Stress Reduction	14 October	1500 - 1630
Marriage Renewal Ceremony	15 October	1800 - 2000
at Zama Chapel. All couples from the community are welcome to take advantage of the opportunity to renew their wedding vows. FREE! Reception following the ceremony.		
Personal Wellness Series: Assertiveness Training	21 October	1300 - 1430
Couples Communication Workshop	26 October	1500 - 1630
Personal Wellness Series: Embracing the Person in the Mirror	28 October	1400 - XXXX

Please call to pre-register for FAP classes and events at 263-4782/4785/8087.

T

he club will be closed on Monday, 11 October (Columbus Day), except Cafe Roberto's which will be open for the "Continental Breakfast" 7 to 9 am.



ACTIVITIES IN THE FIRELITE LOUNGE

- Sunday, 10 October, 8 pm - 1 am Variety Music with DJ
- Wednesday, 13 October, 8 - 10 pm DoD show Latino band "ESCOVEDO PROJECT". Admission is FREE
- Saturday, 23 October, 8 - 11 pm Country Band with DJ. Admission is \$8 or ¥1,000 per person (includes Hors D'Oeuvres)
- Sunday, 31 October, starts at 10 pm "HALLOWEEN SCREAMFEAST"

■ Camp Zama Community Club

• 263-4133

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu.

A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progress SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7 pm, and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out and try your luck at our bingo game. Don't worry about dinner; you can eat while you play.

■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm.

Adults: \$12.95, Youth (8 - 12): \$4.95, Youth (4 - 7): \$2.50, Youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

• Firelite Lounge

Thu	Variety Music	8 - 11 pm
Fri	Karaoke	7 - 10 pm
	Hip Hop	10 pm - 3:30 am
Sat	Country	8 pm - 2:30 am

OTHER EVENINGS IN THE USA BUFFET DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!



Camp Zama Community Club

Adults: \$9.95
Youth:
 4 - 7: \$3.95
 8 - 12: \$5.95
 Under 3: FREE

• All you can eat pasta, pizza, soup and salad bar.
 • We are offering four different pizza toppings and 10 - 15 different kinds of salad.

THURSDAY NIGHT SPECIAL



Camp Zama Community Club

Community Night

Friday, 22 October
5 - 8 pm

In the Firelight Lounge

Lots of finger foods and fun!
Advance tickets: \$3.00
At the door: \$5.00

Tickets are available at the cashier's window.

LUNCH

USA Sunday Brunch

Monday - Closed

Tuesday

- 5 Chicken Cutlet
w/Tonkatsu Sauce
- 12 Stuffed Green Pepper
- 19 Mediterranean Chicken
- 26 Fried Fish Fillet

Wednesday

- 6 Taco Rice w/Avocado
- 13 Chicken Cacciatore
(Bosses Day Luncheon)
- 20 Pork Cutlet w/Curry Sauce
- 27 Hashed Beef w/Rice

Family Night Dinner

"Every Tuesday, 5 - 9 pm"

Any two meals for \$10

- Meat Loaf • Herb Roasted Chicken • Tonkatsu
- Spaghetti w/Meat Sauce • Roast Beef

"Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, french fries and soup and salad bar"

LUNCH

Thursday

- 7 Beef & Green Pepper and Potato
- 14 Spicy Pork and Stir Fried Vegetables
- 21 Happousai on Fried Noodle
- 28 Ankake Fried Rice

Friday - Smorgasbord

- 1 • Sweet Sour Pork
- Chicken Cashew
- Steamed Shumai
- Fried Rice
- 8 • Hot Dog Bar
- Fried Chicken
- Spaghetti Meat Sauce
- Garlic Bread
- 15 • Taco Bar
- Chicken Fajita Bar
- Burittos
- Mexican Rice
- 22 • Beef Bourguignone
- Baked Fish
w/Lemon Butter Herb
- Pice Pilaf/Potato Au Gratin
- 29 • BBQ Spare Ribs
- Blackened Catfish
- Fried Chimichangus

Saturday

No Lunch

DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed

Tuesday

- Regular Menu
- Two for one special (\$10)

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza,
Pasta Bar & Salad Bar \$9.95

Friday

- Fine Dining
- Regular Menu
- Chef's Special
- 1 Seafood Feast
(no Fine Dining)

29 Family Night

Saturday

- Regular Menu
- Prime Rib Dinner (\$12.95)
- 6oz Prime Rib and
Shrimp Scampi (\$12.95)

BOSS DAY LUNCHEON

Camp Zama Community Club



Wednesday, 13 October
11 am - 1 pm

Advance Ticket: **\$6.95**
At the door: **\$8.95**

Italian Buffet in the Ballroom

Tickets are available at the Cashier's window

ALL YOU CAN EAT

Seafood Feast

Friday, 1 October,
5 - 9 pm
in the Ballroom

Advance tickets:
Adults: \$15.95
Children 8 - 12: \$9.95
4 - 7: \$6.95
Adults at the door: \$17.95

For more information, please call 263-4133.



T

uesday "Dinner Special" (every Tuesday night receive a \$2 discount off the special).

The Sagami Lounge will be closed on Monday, 11 October, for Veterans Day.

Please come out and support "Family Variety Day" on 23 October. There will be prizes and giveaways. Bring the whole family and enjoy the family atmosphere at your Sagami Lounge



- Friday, 1 October, 8 pm, 70's and 80's Music w/DJ
- Friday, 15 October, 8 pm, 70's and 80's Music w/DJ
- Friday, 22 October, 8 pm, Country Music w/DJ
- Saturday, 23 October, 7:30 - 9:30 pm, Family Variety Night
- Saturday, 30 October, 7 pm, Family Bowling Tournament.

■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 4 Soft Beef Tacos
- 11 Closed
- 18 Salisbury Steak w/Cheese
- 25 Chicken Cordon Bleu

TUESDAY

- 5 Stuffed Onion Burger
- 12 All-u-Can Eat Chinese Buffet
- 19 Hungarian Pork Stew
- 26 All-u-Can Eat Mexican Buffet

WEDNESDAY

- 6 S. Lounge Chicken Cutlet
- 13 Lasagna w/Garlic Bread
- 20 Greek Musuka
- 27 Taco Rice

THURSDAY

- 7 Breaded Pork Skewter
- 14 Beef Pot Pie
- 21 Chicken Fajitas
- 28 Mixed Cutlet

FRIDAY

- 1 Pasta Penne w/Shrimp Creole
- 8 Seafood Platter
- 15 Vegetable Pizza
- 22 Stuffed Green Peppers
- 29 Chicken w/Hot Chili Sauce



DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 5 Mexican Dinner Special
- 12 BBQ Dinner Special
- 19 Japanese Dinner Special
- 26 Pizza & Pasta Dinner Special

WEDNESDAY NIGHT

6, 13, 20, and 27 October, draw your own discount

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 7 Korean Dinner: Garlic Chicken
- 9 Italian Dinner: Seafood Saute w/Tomato Sauce
- 21 Chef's Special: Shishkabob
- 28 French Dinner: Beef Steak w/Wine Sauce

FRIDAY NIGHT

- 1 Steak and Shrimp
- 15 Prime Rib Dinner
- 22 Steak and Shrimp
- 29 2 for 1 Steak Night

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 2, 9, 16, 23 and 30 October
9 October, \$1 discount, and 23 October, \$2 discount (Mongolian BBQ only).



■ Hob Nob Inn • 267-6097

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagami-hara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6097.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

HOURS OF OPERATION

Mon, Tue, Thu: 4:30 - 9 pm
Wednesday: 4:30 - 11 pm
Friday: 4:30 pm - 1 am
Saturday: 7 pm - 1 am
Sunday, Holiday: Closed

•• OCTOBER EVENTS ••

15 October, BBQ Style Steak Night
T-bone steak: \$10
Chicken: \$9

22 October: "October Feast", \$5 (German sausage, potato salad, and sauerkraut)

Please buy your ticket at HOB NOB's cashier cage. Adults only!

29 October: "Halloween Party", 4:30 pm - 1 am.

Lifetime Sports & Recreation

Participate in any four of the following events/programs and receive a free Lifetime T-shirt. Participate in any four additional events/programs and receive a free Lifetime hat.

October Events

Sports Office (POC: Paul Stearns - 263-3954)

1. Fall Racquetball Tournament, Saturday, 16 October, 10:30 am, (POC Andy Abear, 263-7980)
2. Doubles Tennis Tournament, Saturday, 30 October, 10 am, (POC Andy Abear, 263-7980)
3. Ongoing Swim Lessons, Adult and Youth, (POC Kimber Bailes 263-5656)

Outdoor Recreation (POC John Senatore- 263-3311)

1. Bird Watching in Aikawa Park and Dam with Susan, 16 October
2. Season Opening Trout Derby, 23 October
3. Mt. Myogi Hike and Hot Spring, 30 October

Library (POC: James Lacombe - 263-5267)

Read a Book (adult = 1 book / minimum of 300 pages; child 6 - 14 = total of 14 easy or 300 pages of fiction or non fiction)

Auto Crafts (POC Frank Bordenave - 263-3615)

1. "Rebuilding a Chevy V8" Every Second and Third Wednesday, 4:30
2. Ladies Day, Every First and Third Wednesday, 1 - 9 pm
3. Auto Body Repair Basics, First and Third Wednesday, 4:30 - 6:30 pm (sign up in advance).



Community Cultural Center (POC Rodney Pitts - 263-3939)

1. Piano Lessons, Mondays, Thursdays, Fridays, noon - 6 pm
2. Violin Lessons, Tuesdays, Thursdays, noon - 6 pm
3. Hula Lessons, Mondays, Thursdays, 5 - 8:45 pm
4. Jazz Dance Lessons: Wednesday, 4:30 (children 4 - 6), 6 pm (children 7 and older)
5. Ballet Lessons, Fridays, 4:30 - 8:45 pm



2004 Survey of Army Families Photo Contest Winners

Left to Right: 1st Place: Immanuel Delacruz • 2nd Place: Denise Castellanos • 3rd Place: Juriette John

Read about the photo contest and the important "Quality of Life" survey in the Camp Zama Torii newspaper. Go to www.torii.army.mil and click on archives, click on 13 August 2004, click on "News", click on 3 September 2004, and then click on "Around Zama".

The MWR web page is: <http://www.mwrjapan.jp.pac.army.mil/>

E

-BOOKS.

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today.



■ Community Libraries • 263-3517

ON-LINE RESEARCH TOOL

Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips. Have fun learning lifetime skills by joining the Life-time Sports and Recreation Program! Read a book and participate in any other three additional events/programs and receive a free lifetime hat or shirt.

NEW BOOKS

- Song of Susannah (The Dark Tower VI) by King, Stephen
- The Illustrated Man by Bradbury, Ray
- Something Wicked This Way Comes by Bradbury, Ray
- The Martian Chronicles by Bradbury, Ray
- The Complete Chronicles of Namia by Lewis, C. S.
- Mere Christianity by Lewis, C. S.
- The Screwtape Letters by Lewis, C. S.
- A History of Christianity by Latourette, Kenneth Scott
- Complete Stories and Poems by Poe, Edgar Allan

NEW BOOK ON TAPES

- Black by Dekker, Ted
- Divided in Death by Robb, J. D.
- Divining Women by Gibbons, Kaye
- Emma's Secret by Bradford, Barbara
- Full Blast by Evanovich, Janet and Hughes, Charlotte
- Loving Che by Menendez, Ana
- Retro by Estleman, Loren D.
- Three Weeks With My Brother by Sparks, Nicholas
- Transmission by Kunzru, Hari
- Words of Silk by Brown, Sandra

NEW DVDS

- The Prisoner Sci-Fi
- Kill Bill Action
- Big Fish Drama
- The Last Samurai Drama
- Tokyo Olympiad Documentary
- David Copperfield Drama
- Willy Wonka and the Chocolate Factory Children
- Master and Commander Drama
- Ice Age Children
- The Tin Drum Drama

CHECK OUT OUR WEB SITE

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

Escovedo Project

with sensational percussionist
Paris Escovedo

FREE

Performing
their hits
"Latin Lady"
"Nena Linda"



Date:
Wednesday
13 October

Place:
Camp Zama
Community Club
Firelite Lounge

Time:
8 - 10 pm



Girl Scouts
Where Girls Grow Strong

Girls ages 5 - 17 come check out the Girl Scouts. The possibilities are endless! Call Cindy Streecon at 267-6090 to sign up today.
zama_girlscouts@yahoo.com

October Events

- Juliette Low Day will be celebrated 23 October, 1 - 3 pm.
- Our girls will be participating in Red Ribbon Week by tying red ribbons on trees around post, bringing awareness of the hazards of substance abuse to our community.

Adult Volunteers Needed!
Volunteer now for a rewarding experience in Girl Scouting!
The Camp Zama Girl Scouts are in need of Troop Leaders, a Registrar and a Cookie Manager.
Call now to learn how you can make a difference. Contact Cindy Streecon at DSN 267-6090.



CA

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condition

LEARN HOW TO REBUILD A CHEVROLET ENGINE!.

In this course you will have the opportunity to overhaul a Chevy 350 engine. The program will consist of various blocks of instruction. Complete the entire course and receive a special award. An ASE certified technician will teach the program and the course is free. The course is held on Wednesday each month, 4:30 to 5:30 pm. The course is free of charge.

NEW SERVICES OFFERED! (call for appointment)

Professional Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Professional Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate oil leaks.

EDUCATIONAL PROGRAMS

The Camp Zama Auto Crafts Center provides a year round automotive training program free of charge. The classes are taught by a certified ASE technician and are given weekly on a wide range of subjects and areas. From beginner to advance, there is something for you. In addition, we are pleased to offer a Ladies Day where we provide personalized assistance for your automotive needs. This service is by appointment. The following are samples of the scheduled courses we offer:

- Auto and Motorcycle Servicing
- Body / Fender Repair
- Engine Repair / Overhaul
- Automotive Subsystems Training
- ASE Certification Preparation (plus many more)

AUTOMOTIVE / MOTORCYCLE PRODUCTS (Davidson Motorcycle Oil Products and Supplies):

- Engine Oils
- Filters
- Transmission Oil
- Spark Plugs
- Gaskets
- Batteries (MWR / AAFES partnership)

We are pleased to announce that we carry a line of high quality automotive engine oils, filters and coolant also found at AAFES for the same low price so that we can better serve our customers.



CAMP ZAMA AUTO CRAFT SHOP

Written by Frank Bordenave; photos by Richard Haun

Camp Zama MWR Auto Craft Center and staff are ready and able to help you to more dependable motoring while saving money in the process. Consider it your personal garage away from home while you are here in Japan.

the last year, we have acquired many new pieces of automotive maintenance equipment to better serve your needs, and we will continue this effort.

Stop by auto crafts and see all of the great things we have to offer.

PROVIDE A VARIETY OF SERVICES TO BETTER SERVE
YOUR AUTOMOTIVE MAINTENANCE NEEDS.

PROFESSIONAL SERVICES OFFERED

Air Conditioning Service and Repair

Towing and Road Side Assistance

Exhaust Repair

Engine Oil System Cleaning

Fuel Injection System Cleaning

Automatic Car Wash Machines (Zama, SHA Housing, Depot)

Used Vehicle Courtesy Inspection

Used Car Referral Service

Motorcycle Storage

Headlight Alignment

Welding

clockwise from the left: Naohisa French with the new oil system cleaner, Naoki Ito recharging air conditioning, Yukio Matsumoto doing body work, and Takeo Shinohara displaying new Harley products.***

on to include theory, assembly techniques, and specialized tool use.
The program began 5 May and will be conducted on every first and third

mileage and exhaust emissions.

minate noisy lifters. Environmentally safe.



T

owing Service and
Roadside Assistance.
We offer a towing service and
roadside assistance
Wednesday through Sunday.
Call for rates and more
information.



■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED
Wednesday - Friday
1 - 9 pm
Saturday - Sunday
10 am - 6 pm

PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA 3031-1 Qualification Card for use of the Auto Crafts Shop is issued after a safety orientation given daily 15 minutes after opening and again at 5 pm on weekdays. The weekend safety orientation is given

15 minutes after opening and again at 2 pm. This briefing is required before facility use.

SERVICES

• Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Used Car Referral Service


New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm. Prepaid cards for the "NEW" car washes are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information. Avoid the hassle of having to get change; it's the best deal going!

CLASS

OCTOBER SCHEDULE:
13 & 27 October, 4:30 - 6:30 pm, Rebuilding a Chevy VB
6 & 20 October, 1 - 9 pm, Ladies Day




In October, there will be a series of automotive classes offered on a variety of subjects. The classes will be held from 4 - 5:30 pm every Wednesday at the Auto Craft Shop or the Community Culture Center. The courses offered will be taught by an ASE certified technician. Please look for the course schedule booklet for class descriptions. This series of instruction is highly recommended for those wanting to know the basics of automotive systems and for those looking for advanced training. Stop by the Auto Craft Center or call 263-3615 to sign up. At the end of the series, all those who have attended four or more courses will have an opportunity to drive a racing go-kart.

For more information, please Frank Bordenave at 263-3615.

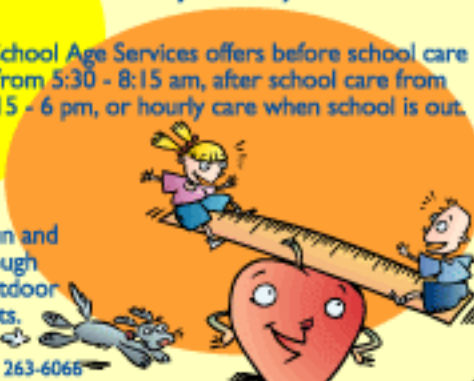
Sagamihara School Age Service

BEFORE AND AFTER SCHOOL CARE

For Before and After School Care Registration,
call Central Registration at 263-4125
(serving 1st through 6th grade at Arnn
Elementary School).



- School Age Services offers before school care from 5:30 - 8:15 am, after school care from 3:15 - 6 pm, or hourly care when school is out.
- School Age Services also offers fun and exciting games and activities through computers, art, science, nature, outdoor play, field trips and special events.



For more information, call Ms. Campbell at 263-6066

■ Arts and Crafts • 263-4412

Stop by to engrave a "Torii Gift" for your friends.

THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from our Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

FAMILY TIME PROGRAM

Almost any class given at the Arts and Crafts Center can be arranged for your convenience. Let us program some classes on Wednesday afternoons for you and your family.

SERVICE

• Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many

colors are 75¢ to 85¢. For better service, place your order in advance.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts

based on your request. All orders completed on a first come, first served basis.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach pottery, scrap book, water color, acrylic paint, stain glass, photography, woodworking, and various other arts and crafts. Please contact Mr. Nodera at 263-4412 or Mr. Wheeler at 263-4976 for more information.

..... ARTS AND CRAFTS CLASSES

Woodworking Orientation	Thursday	6 - 6:30 pm	No fee
	Saturday	10 - 10:30 am	No fee
Pottery and Ceramics			
Basic Course	Saturday	2 pm	\$10 plus materials
Advance Course			\$10 plus materials
Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	2 - 4 pm	\$10 plus materials
Tole Painting	Thursday (2nd and 4th Saturday)	3 - 5 pm	\$15
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
Ikebana	Thursday (1, 2 and 3rd)	2 pm	\$15 plus materials

All classes and orientations require registration in advance at the Arts and Crafts Center.

2004 Army Photography Contest

The Army Photography Contest has new rules, categories, and prizes for 2004

Enter your favorite prints and short film in the contest to compete against the best photographers in the Army.

The contest runs through the summer, and entries will be judged in November 04.

Entries are due at the Zama Arts & Crafts Center by 3 October 04

Please call 263-4412 for detailed information.



C

ollege

registration for Term II will be conducted 11 - 22 October for the University of Maryland University College and Central Texas College. Military personnel "early registration" will be conducted 4 - 8 October.

Education Center (for TA):
263-3015
University of Maryland:
263-5379
Central Texas College:
263-5228

■ Academic Training Division

• 263-5633/3992

JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

Course period:

12 - 18 October

Time:

8 am - 4:30 pm

(Lunch: noon - 12:45 pm)

FAST CLASS

The next Functional Academic Skills Training (FAST) class will be held at the Education Center from 18 October to 5 November. Students attend every day from 8 am - noon. This class is for Soldiers preparing for the AFCT retest for GT score improvement. Instruction is in the areas of reading, mathematics, and English. Civilian students preparing for the GED test are welcome on a space available basis. Soldiers must take the TABED D

test prior to enrollment in FAST. TABE test will be on 14 October at 1 pm. Call 263-5311 for enrollment information.

FREE JOB SKILLS DEVELOPMENT CLASSES

Do you want to unleash the power of your computer or enhance your job skills for job search or promotion? Hurry and sign up for the Microsoft Office classes available at the Army Learning Center. Adult family members and Army civilians have priority, but other adults are eligible to take the classes on a space available basis. To enroll, please phone 263-5271 or e-mail: adam.goldston
rumpke@zama.army.mil.



■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

The Proper Way to Repair a Ball Mark



- 1 Use a prolonged ball mark repair tool (preferably, knife, key or iron).
- 2 Insert at the edges of the mark, not the middle of the depression.
- 3 Bring the edges together with a gentle twisting motion, but don't lift the grass. Try not to tear the grass.
- 4 Smooth the surface with a club or foot. You're done when it's a surface that you would putt on.



Source: Golf Course Superintendents Association of America

NICHIBEI FRIENDSHIP GOLF OUTING

Wednesday, 20 October, 9 am, shotgun start. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers.

PAYDAY SCRAMBLE

Friday, 1 October, noon shotgun start, \$15 entry fee plus green fees for nonmembers.

TOMODACHI DAY

Tomodachi Days in October will be held on Friday the 8th, 15th and 22nd of October and on Monday the 25th. Your Japanese guests can play with you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

ZAMA OPEN

The last major golf event for the year

is the "Zama Open" scheduled for 16 - 17 October. See page 3 for more information, or phone 263-4224.

COMPUTER SWING ANALYSIS

The Zama Golf Club announces Computer Swing Analysis using "Total Vision"! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 for an appointment.

CUSTOM FITTING BY MIZUNO

We are now authorized club fitters for Mizuno irons and woods. We can measure swing speed, lie angle, and shaft flex. Don't buy another set off the rack! Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 4225.

CUSTOM FITTING BY PING GOLF

The Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting Center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. CZGC has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

NOTE

Do you and a group of your friends want to learn to golf but Wednesday's just don't work for you? Contact Dale Jorgenson at 263-4224 and he will create a custom group class schedule for you.

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

**PAYDAY
SCRAMBLE**
29 October
FREE
for
SOFA personnel

Learn To Golf Adult Classes

Take the Mystery out of Golf

Price includes: six group lessons (five at the range and one on the golf course) plus four 9 hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. The course is designed for beginner golfers.

SESSION #6

Instructor: Dale Jorgenson, Director of Golf
Date: Wednesday, 20 and 27 October and 3, 10, 17 and 24 November
Time: 4 - 5:30 pm
Class size: Maximum 8 - Minimum 6 students
Price: \$75
Enroll: Sign up at the golf course pro shop



P

ool Party

Reservations.

If you are considering a pool party, please submit a "Pool Party Reservation Request" to the aquatics director at the Yano Fitness Center **NO LESS THAN two weeks** in advance of the date being requested. Forms are available at the Yano Fitness Center (forms can also be faxed to you).

POOL HOURS

YANO POOL

Mon - Fri	6 am - 6 pm
Sat, Sun & Holiday	10 am - 6 pm (unless otherwise posted)
Lifeguard Office	263-5037

For more information, please contact Mr. Bailes at 263-5656.

■ Sports Office • 263-3954

SPORTS

• Racquetball Tournament

On Saturday, 16 October, 10:30 am, at the Yano Fitness Center. The event is open to all 18 years of age and older and not in high school. There will be men's and women's divisions for advance players and beginners. Please register at the Yano Fitness Center issue counter by Thursday, 14 October, 5 pm. There is no fee for this tournament. For more information, call Andy Abear at 263-7980 or e-mail: andrew.abear@zama.army.mil.

FITNESS TRAINING / CLASSES

Personal Fitness Training Services are available at the Yano Fitness Center. Services include exercise orientations, personal fitness programs, health and fitness assessments, body fat assessments and consultations to help you get started or to help improve your current fitness program. For more information, contact Chris Martin at 263-5168.

• Lunchtime Conditioning

An excellent alternative to the normal fitness routine. Condition your body with various exercises and stretching

lead by a certified professional trainer. This class is a lot of fun and people of all fitness levels can participate.

• ABS + Class

Learn new abdominal exercises and have the best abdominal workout ever. Following the ABS workout, we will do another body part to enhance the workout. A very enjoyable way to train your abs and people of all fitness levels can participate. Please call for class dates and times. This class is free.

CLASSES

• Step Aerobics

Mon, Tue, Wed, and Thu, 5:30 - 6:30 pm

• Toning Class

Tuesday, 4:45 - 5:30 pm

Monthly, weekly, and daily cards are available (there is a fee for this program). For more information, contact the Yano Fitness Center at 263-4664.

• Yoga Class

"Hatha Yoga" is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center Cardio Room. "Meditative Yoga" is now being offered on Wednesdays, 5 - 6:30 pm,

DOUBLES TENNIS

TOURNAMENT

Saturday, 30 October

10 am



The event is open to all (18 years of age or older and not in high school). The type of play will be determined by the number and type of entries. There is no fee for this event. Please register at the Yano Fitness Center issue counter by Thursday, 28 October, 5 pm. There will be men's and women's divisions.

For additional information, please call Andy Abear, 263-7980, or e-mail: andrew.abear@zama.army.mil

at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk or phone 263-4664.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes.

THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits
 - **Aqua Massager:** \$5 for 15 minutes
 - **Jacuzzi, Steam Room and Sauna**
- The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

AQUATICS, 263-5656

• **Training Reservations for the Swimming Pool**

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a

"Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations at the Yano pool, submit the reservation request preferably *two weeks* in advance but **NO LESS THAN one week** in advance. Forms can be faxed to you at your request.

PT TRAINING

Need ideas for PT Training? Do you need an instructor? We can help!

Types of training we support:

Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (for Soldier PT only), Water Exercise, Swimming Tech-

nique, Water Polo, and Water Basketball.


For information reference any of the above classes and reservations, contact Ms. Bailes at 263-5656.

Red Ribbon & Purple Ribbon Campaign

23 - 31 October

Please check flyers at the Yano Fitness Center for fun activities at the pool during the Red Ribbon and Purple Ribbon Campaign.

F Learn-to-Swim Program



ALL

Registration for the November Learn-to-Swim Program begins 11 October.

Registration is taken at the front desk at the Yano Fitness Center. The deadline to register for each session will be the Wednesday prior to the start of each session. See the flyer for specific details. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels. For more information, phone 263-5656.

PENTATHLON SWIM MEET

Saturday, 6 November, 8:30 am

Registration Deadline: Please register at the Yano Fitness Center issue counter by Tuesday, 2 November. No registrations will be taken after that date.



Registration fee is
\$15



- Competitors will compete in five events for a cumulative time to determine the top competitor for each age group (male, female).
- USA swimming rules and US Masters swimming rules will govern this swim meet.
- Registration forms and meet information are available at the Yano Fitness Center.
- Please contact Kimberly Bailes, 263-5656, for more information

T

he Torii Library is setting up a "Sea Turtle Information Center" In conjunction with a Torii Beach Photo and Information Kiosk. Turtle eggs and babies entrusted to the Torii Beach staff have drawn attention throughout Okinawa. DoDDs teachers and students will be invited to take part in library programs with video showings and book talks about this endangered species.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE

• **Free Childcare Program**

Army Community Service offers the following "Free Childcare Program" for:

- Newcomer's Briefing
- PCSing personnel, In-processing and Out-processing
- Deployed personnel

• **Car Care Program**

Army Community Service also offers the "Car Care Program" for spouses of deployed personnel. Call Corinna Juarez at 644-4116 for more information about these programs.

SWIMMING POOL, 644-4334

• **Hours of operation:**

Thu - Mon: 10 am - 6 pm

Tue - Wed: Closed

We are taking reservations for after hour pool parties.

ARTS AND CRAFTS, 644-4303

Mon, Thu and Friday:

noon - 8 pm

Sat and Sun: 9 am - 5 pm

Tue and Wed: Closed

Framing and matting classes are available for all military patrons and family members. The woodworking and ceramics departments are also available for your use.

AUTO SKILLS CENTER, 644-5612

• **Safety Orientation**

DA 3031-1 Qualification Card to use auto crafts is issued after a safety orientation (given every day the facility is open). This briefing is required before facility use.

• **Hours of operation:**

Tue and Wed: Closed

Thu, Fri and Mon: 11 am - 8 pm

Sat and Sun: 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

• **Film services are also available**

LIBRARY

• **Library Happenings**

Many beautiful new books purchased with ACOE award funds are being received and processed. With many graphics, photos and current information, they replace old, outdated books which have been sent to DRMO. New language instructional books are also arriving. Several family members had expressed they needed materials written in their native language. New incoming ESL materials will also be greatly appreciated. Foreign language instructional materials are also being received which are important to Special Forces missions. Over 200 DVDs have been purchased to add to the popular DVD and video collections.

A subscription contract was finalized for FY 2005 magazines and newspapers and for 5,000 automated system barcodes. FY 2005 newspapers are also being procured through the AAFES Subscription Agency.

TORII STATION

NEWCOMER'S ORIENTATION

(Installation and local community information).

Tuesday, 5 October, 9 - 11:30 am, ACS Conference Room

Spouses are encouraged to attend. Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am, for coffee, rolls, fruit, and juice.

The Torii Station Morale, Welfare and Recreation Program welcomes AT&T as their key sponsor for the monthly Newcomer's Orientation.

The Newcomer's Orientation is conducted each month on a Tuesday in the ACS conference room located in Building 236 from 8:30 - 11:30 am. Newcomers are welcomed to the orientation by the Garrison Manager or his designated representative.

Following the completion of each orientation, the AT&T representative will be in the Coral Club dining area until 1:30 pm to address your communication needs.

THANKS to our sponsor, AT&T, for supporting the ACS Newcomer's Orientation.



CORAL COVE

- Lunch at the Coral Cove is from 11 am - 1:30 pm. Daily specials plus a grill line, deli line, and salad bar. Every Wednesday at lunch we feature pasta cooked to order with your choice of toppings, sauce and meat for only \$4.95
- FREE hors d'oeuvres: Wednesday & Friday, 5 - 7 pm



CORAL COVE JR.

Cook Your Own Steak & Chicken Night

Every Thursday, 5 - 9 pm

T-Bone Steak (14 oz): \$10.95

Chicken Breast (two 6 oz pieces): \$9.00

(includes a baked potato or rice, baked beans and a dinner roll)

Sponsorship does not imply endorsement by the U.S. Government

A renovation project contracted in phases by Public Works is replacing all windows and doors. Currently, a children's handicapped ramp and the main entrance door replacement are under construction. The exterior is being completely repainted.

In response to patron's requests, the library is offering laminating services with a new laminating machine located next to the xerox machine.

Eleven internet databases are being offered to the Torii Community. Patrons are welcomed to click on icons at library internet computers for access to quality-of-life and educational sites. They offer thousands of full-text articles with today's world-wide news, test practice and research information. Peterson's Database allows community members to practice educational and military tests at any computer at any time of the day, using their name, password and the Torii Activation Code.

OUTDOOR RECREATION

644-4324

• **Kayak Rental**

Cost for a kayak (one person) is \$2 an hour, and a two person kayak is \$3 an hour.

SCUBA LOCKER

The Scuba Locker has the latest equipment for the true diver. Visit us

and see the always changing line of diving gear being offered. Whether you are a brand new diver, a novice, or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Check with the training staff to sign up for scuba classes. Did you know that the Scuba Locker offers free air

fills to all ID card holders? Call 644-4795 for class schedules.

THEATER

Movies are shown every Friday through Monday starting at 7 pm. Look for schedules in the "Island Market", "This Week on Okinawa", and the monthly "Torii Newspaper".

Torii Station MWR Army Community Service October Activities

- Financial Management for Spouses 1 October 9 - 11 am
ACS Classroom, Bldg 236
- Financial Readiness for First Term Soldiers 4 October 9 am - 4 pm
ACS Classroom, Bldg 236
Topics include principles of personal finance, planning and budgeting, banking and checking accounts, using credit wisely, insurance, savings and investing, large purchases, and consumer scams.
- Level Beginner's ESL Classes Every Tuesday & Thursday 9:30 - 11 am
ACS Classroom, Bldg 236
Contact ACS at 644-4743/4116 for information and/or to register for classes. Instructor is Ms. Bobby Long. Open to all Army active duty spouses and Army civilian spouses.
- Level One Intermediate ESL Classes Every Wednesday 9 - 11:30 am
ACS Classroom, Bldg 236
Contact ACS at 644-4743/4116 for information and/or to register for classes. Instructor is Ms. Bobby Long. Open to all Army active duty spouses and Army civilian spouses.
- AFTB Instructor Training 19, 20 & 21 October 9 am - 4 pm
ACS Classroom, Bldg 236
AFTB a true family member program designed by family members for family members.

First Annual Domestic Violence Awareness

5K Run and Walk

Kadena Air Base
Saturday, 2 October

Schedule:

Registration: 6:30 am
Opening Ceremonies: 7 am
Run / Walk Begins: 8 am
Closing Ceremony: 10 am

For more information, phone 634-7221

- Domestic Violence effects millions of Americans each year. Join us in support of "Domestic Violence Awareness" month this October. Domestic violence is a community problem and finding solutions depends on involvement among people throughout the community.
- The United States Forces on Okinawa invite you to participate in the Joint Services Family Shelter First Annual Domestic Violence Awareness 5K Run/Walk
- The first 50 participants to register receive a T-shirt and registration is open until the day of the event. Prizes will be awarded for 1st, 2nd and 3rd place for male and female winners in both running and walking categories. Volunteers are welcomed for this special event and receive a T-shirt.

F

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

October Tours



...at a glance

- 2** • Nikko Excursion
- 3** • Katsunuma Grape Festival
• Fujikyu Highland
- 9** • **Hida Takayama Autumn Festival**
- 10** • New Sanno Brunch
& Free time in Tokyo
- 11** • Free time at Tama Hills
- 16** • Tsukiji Fish Market
• Tokyo Disneyland/DisneySea
- 17 • Enoshima Autumn Festival**
- Universal Studios Japan
- 23** • J-League Soccer
(Yokohama FM vs. FC. Tokyo)
- 24** • Fuji Safari Park
• Yokota Shopping
- 30** • Hakone Excursion
- Yokohama Sankeien Garden
- 31** • & China Town
• Abratsubo Marine Park

**Highlighted Tours are listed in bold.*

HIDA TAKAYAMA AUTUMN FESTIVAL

Saturday, 9 October

Depart: 3 am • Return: 11 am

Set deep with the mountain of Gifu Prefecture, Takayama has been called a "Little Kyoto". Its temples, shrines, rivers and bridges are indeed reminiscent of Kyoto on a smaller scale, yet has some delights that even Kyoto cannot match. Takayama is an agricultural town where every day, the local farmers bring the freshest vegetables and fruit for the morning market. This day will feature a special parade of special floats around the town. The 12 beautifully decorated festival wagons will be covered with complex carvings and beautiful tapestries, with some that will perform tricks.

Adults/Youths: \$45 • Infants (2 & under): \$30



ENOSHIMA AUTUMN FESTIVAL

Sunday, 17 October

Depart: 8:30 am • Return: 5 pm

Explore Enoshima Island in Sagami Bay and learn about the island's fascinating ancient history. On the south side, see waves carving into the interestingly shaped rocks along the beach and visit the remarkable Iwaya Cave. Nearby the island, visit Shonan Beach (also known as the "Miami Beach of the Orient") or one of the largest aquariums in Japan, Enoshima Marineland. This huge aquarium features 300 rare species of fish and about 10,000 other sea creatures! The Enoshima Autumn Festival features a parade of children, drum performances and many other events.

Adults/Youth: \$6 • Infants: \$3

Bring yen for admission, souvenirs and food/drinks or feel free to bring your own food/drinks.

Enoshima Marineland Aquarium Admission Fees: Ranges from ¥300 to ¥2,000. Prices are subject to change without notice.



UNIVERSAL STUDIO JAPAN

Saturday, 23 October

Depart: 2 am • Return: 12 am

Take this one-day trip to Universal Studio Japan! Visit all 9 areas of the theme park and enjoy the attractions, rides, shops and restaurants in each area. Enjoy "Shriek's 4-D Adventure", "The Amazing Adventures of Spider-man", "Back to the Future", "Jurassic Park", "Snoopy's Playland" and more!

Adults(12 & up): \$109 • Youths (4-11): \$95 • Infants (3 & under): \$59

Bring yen for souvenirs and food/drinks.



Better Opportunity for Single Service Member

• **BADD Van-BOSS Against Drunk Driving**
Every Friday night at the Firelite Lounge (CZCC)
Rides from 11 pm - 3:30 am to Sagami Depot, SHA, Camp Zama and Atsugi Housing.

UPCOMING EVENTS

- 3 Oct. - Visit our booth at the Depot Ekiden
- 9/10 Oct. - Tama Hills Paintball, Camping & Tama Tech
- 20 Oct. - Bake Sate at Bldg. 101
- 29/30 Oct. - Haunted House at the CCC. 6 - 10 pm

*Volunteers are needed for the Haunted House, construction will begin 23 October. Please email John Senatore (john.senatore@zama.army.mil) for more info.

*Icons shows the services/fees included in the cost.



•Guide



•Transportation



•Admission/Tickets



•Meals



•Hotel

■ Outdoor Recreations • 263-4671

MT. HASUGE HIKE & BBQ

Saturday, 2 October

Depart: 9 am • Return: 1:30 pm

Sign up by: *Monday, 27 September*

It is an "EZ" hike, total about 2 hours, on one of local low mountains. You can enjoy the view on the top. Also short obstacle courses are available for youths. After the light exercise, enjoy BBQ that is ready for you by the river!

Adults: \$17 • Youths: \$13

• Infants: \$0



MONSTER WALL CLIMBING

Try our wall for your next party. A variety of equipment check-out items are also available at reasonable rates. Ask staff for the price list.

PET KENNELS VIP TREATMENT

The Pet Boarding Kennel's caring staff will assure that your pets get the special VIP treatment while you are on vacation, TDY or PCSing. Daily fees are \$15/dog kennel and \$10/cat kennel. Weekly, monthly fee are available. PCS status has priority. Call Thomas at 263-5915 for more information.

NATURE/BIRD WALK IN AIKAWA PARK & DAM WITH SUSAN

Saturday, 16 October

Depart: 6:30 am • Return: 3 pm

Susan Ishida, Advisor, Japanese Society for Preservation of Birds, will take you to this beautiful park of Miyagase Dam. "Come along with us and hear the birds singing as we take a leisurely walk in the park, in the Tanzawa Mountains. See the huge dam from the bottom looking up and then from the top looking down! Birds, flowers and if we are lucky, we might be able to see monkeys. Fresh air and great scenery", says Susan. Also available is a choo-choo train and jumbo-manbo balloons appeared on the ground for both kids and adults for jumping on! It's a great way to spend the day with the whole family!

Adults: \$17 • Youths: \$13

• Infants: \$3

Bring yen for souvenirs and food/drinks (or feel free to bring your own food/drinks), camera, binoculars, hat, sunglasses and rain gear (in case of rain).



MT. MYOGI HIKE & HOT SPRING

Saturday, 30 October

Depart: 5 am • Return: 8 pm

This is quite a challenge of a hike, containing the steep slopes, ups and downs that look like continuing endless, clambering up or down with chains, etc. Still, you will be satisfied with the great scenery of the peaks lifting into the sky and the thrills(!) of walking under the eaves, climbing the thin ladders on the narrow ridge, etc. After the exhausting hike, just soak and relax yourself in a near by hot spring and the wide open view!

Adults: \$33 • Youths: \$29

• Infants: \$0

*Bring yen for souvenirs and food/drinks (or feel free to bring your own food/drinks), camera, cotton grubs, hiking stick and rain jacket & pants (in case of rain). *A total of about 4 hours of hiking. Not recommended for children under 10.*



Hit the Road!

Van Rental



Get out of the city for autumn leaves! Rent an affordable 8-passenger van to explore scenic "Japan".

- Active duty at Zama/SHA/Sagami Depot reservations - up to 45 days prior to the pick up date.
- Civilians at Zama/SHA/Sagami Depot - 40 days.
- All other reservations - 30 days.

Only \$50 per day!
(plus refueling)

Weekly Rate: \$300 plus refueling

Hourly Rate: \$10/hour

(Truck/Cargo Van maximum 3 hour rental only.)

Full rental fee required upon making reservations.

Quality you can count on!

SEASON OPENER TROUT DERBY

**Saturday
23, October
1 - 3:30 pm**

**Here's a fun day of fishing for both adults & youths.
Go fishing and get a prize!
Sign up by Wednesday, 20 October and get a FREE gift!
*PRIZES for all catagories!
*For more info, please call Outdoor Rec. at 263-4671.**

... CAMP ZAMA COMMUNITY CLUB ...

HALLOWEEN FEAST FAMILY NIGHT

FRIDAY, 27 OCTOBER (5-8 PM)

• Children 12 yrs under \$2.95 • Youth 13~17 yrs \$3.95 • Adult \$7.95

Tickets are available at the cashier's window.
Reservations are required.

**ALL YOU CAN EAT BUFFET
in the Ballroom**

